



Foundation Course –2023-'24 Batch, GMC ,VZM

Goal: The goal of the Foundation Course is to prepare a learner to study Medicine effectively

Time Table- six days

day	9- 9:45 AM	09:45-10 30AM	10:30A M- 11AM	11-12 AM	12-1PM	1- 2	2-3 PM	3-4 PM	4-5 PM
1.9. 23	Role of a doctor in the society FC1.1,1.2,1.3 Dr S Appala Naidu M.D.(Communit y Medicine) Superintendent ,GGH VZM	The Rules and Regulations of the Institution, FC1.4,1.5 Dr K Padma Leela M.S.(OBG) Principal , GMC, VZM.	INAUGU RATION Chief Guest Dr. K. Vishnu Prasad, MS MCH, Neuro Surgery, Ex. DME	PEDAGOGY FC 4.13 Dr N Suresh Babu M.D(Pharmacology) Asst.Prof Dept of Pharmacology GMC,VZM	History Of Medicine FC1.10 Dr B Sudarsi M.D. (Gen. Medicine) Prof. and HoD Gen. Medicine GMC,VZM	L	Professionalism and Ethics FC 4.1 Dr K.S.S.Sarojani Devi M.D.(Physiolog y) Prof and HoD Dept. of Physiology, GMC ,VZM	Career guidance FC1.6,1.7 Dr VenkataChal am MD DM(Cardiol ogy) Principal, GMC, Srikakulam	Sports Fc6 Dr P. Lakshman Rao M.D(Anato my) Asst. Prof. of Anatomy, GMC, VZM Dr Suresh Babu M.D(Pharmacol ogy) Asst Prof of Pharmacol ogy ,GMC,VZM

	9- 10 AM	10-10 45AM	10:45A M- 11AM	11-12 AM	12-1PM	1- 2	2-3 PM	3-4 PM	4-5 PM
2.9. 23	BMW Handling , Disposal, FC2.4,2.7 Dr N.Lakshmi MD(Microbiology) Asso. Prof and HoD of Microbiology,G MC,VZM	Universal Precautions, Hand washing, PPE, Needle stick injury FC2.3,FC2.5,FC2.7 Dr Rama Lakshmi M.D(Microbiolog y) Asst Prof of Microbiology, GMC,VZM	BREAK	Documentation significance, Immunization of health care persons FC2.8,2.9 Dr Ch.Santhi Lakshmi (Pharmacology) Asst. Prof . Dept. of Pharmacology GMC,VZM	FIRST AID FC2.2 Dr Chaitanya Babu M.D.(Gen Surgery) Asso Prof of Gen Surgery , GMC,VZM	U	BLS, FC2.1 Dr S Lakshmi SowjanyaM.D.(Gen Medicine) Asso. Prof . Dept. of Gen. Med. GMC,VZM Dr Lakshman Rao M.D(Anatomy) Asst. Prof. of Anatomy, GMC, VZM Dr S Lakshmi M.D.(Physiology) Asst. Prof of Physiology GMC,VZM		Sports Fc6 Dr.Suresh Babu M.D(Pharmac ology) Asst Prof of Pharmac ology ,GMC,VZ M Dr L Siva Kumar M.D(Commun ity Medicine) Associate Prof and HoD of Commun ity Medicine ,GMC,VZ M

4.9. 23	The role of a physician at various levels of Health care delivery FC1.8 Dr Z Sarath Naik M.D(Community Medicine) Associate Prof of Community Medicine,GMC, VZM	Integrity Empathy Responsibility FC4.2 Dr C.J.Mani KumarM.D.(Orthopedics) Associate Prof of Orthopedics GMC,VZM	SHORT BREAK	Values in interaction Peers, Faculty Patients. Understanding cultural values 4.3,4.6 Dr A. Vaasanthi M.D,(Anatomy) Prof and HoD Dept. of Anatomy GMC,VZM	Stress management ,time management FC4.7,4.9 Dr B.J.Mallika M.D.(Psychiatry) Asso prof and HoD of Psychiatry, GMC,VZM.	C	YOGA & Meditation FC 4.8 Dr B SantoshM.D.(Pul. Medicine) Asst Prof and HoD of Pul.Med, GMC,VZM	HEALTH care TEAM ,Interpersonal relations FC 4.10, FC 4.4 Dr N.P. SirishaM.D(Pharmacology) Asst.Prof Dept of Pharmacology GMC,VZM	Sports Fc6 Dr L Siva Kumar M.D(Community Medicine) Associate Prof and HoD of Community Medicine, GMC,VZM DrD.Ch.S.V ara Prasad Rao M.D(Community Medicine) Asst. Prof of Community Medicine ,GMC,VZM.
5.9. 23	VISIT TO RHC , CHC, GGH- FC 3.2,3.3,3.5,3.6 Dr Z Sarath	VISIT TO RHC , CHC, GGH- FC 3.2,3.3,3.5,3.6 Dr D.Ch.S.Vara	SHORT BREAK	VISIT TO RHC , CHC, GGH- FC 3.2,3.3,3.5 ,3.6 Dr JNV Srinivas M.D(Community		N	Principles of Community Health & impact -FC3.4 Dr J.S. Surya	National Health Goals and Policies FC 3.1 Dr	Sports Fc6 DrJNV Srinivas M.D(Com

	Naik M.D(Community Medicine) Associate Prof of Community Medicine,GMC, VZM	Prasad Rao M.D(Community Medicine) Asst. Prof of Community Medicine ,GMC,VZM.		Medicine) Asst. Prof of Community Medicine ,GMC,VZM.			Prabha M.D(Community Medicine) Asst. Prof of Community Medicine ,GMC,VZM.	D.Ch.S.Vara Prasad Rao M.D(Community Medicine) Asst. Prof of Community Medicine ,GMC,VZM	munity Medicine) Asst. Prof of Community Medicine ,GMC,VZM. Dr P. Lakshman M.D(Anatomy) Asst. Prof. of Anatomy, GMC, VZM
6.9. 23		PH		PH	PH				
7.9. 23	Group dynamics, group learning 4.12 Dr P Kalyani M.D.(Physiology) Asso. Prof of Physiology GMC,VZM.	The Principle of family practice FC1.9 Dr L Siva Kumar M.D(Community Medicine) Associate Prof and HoD of Community Medicine,GMC,VZM	SHORT BREAK	Mentoring FC4.11 Dr D Annapurna M.D.(Pharmacology) Prof and HoD of Pharmacology GMC,VZM	SDL FC4.14 Dr Prem Kumar M.D.(Biochemistry) Prof and HoD of Biochemistry GMC,VZM	H	Collaborative learning FC4.15 Dr Basumitra Das M.D.(Pathology) Prof and HoD of Pathology GMC,VZM	Communication Skills- Role Play Dr R. Sujatha, M.D .(Pediatrics) Asso Prof of Pediatrics GMC,VZM Dr K. Sunil M.D.(Pathology)	Sports Fc6 Dr B. Santosh Kumar MD(Pul. Med) Asst Prof of Pul. Med. GMC, VZM Dr Z Sarath Naik

							Asst Prof of Pathology, GMC, VZM	M.D(Community Medicine) Associate Prof of Community Medicine, GMC, VZM
8.9.23	ASSESSMENT METHODS FC-7 Dr.P Ramani M.D.(Gen Surgery) Prof and HoD Dept of Gen Surgery GMC,VZM	Communication Skills With patient FC5.1 Dr Aruna Subhasree M.D.(OBG) Prof and HoD Dept. of OBG GMC,VZM.	SHORT BREAK	Barriers communication – Role play FC 5.1 Dr A RamaKrishna Naidu M.D, D.M.(Rheumatology) Assoc. Prof Dept of Emergency Medicine, GMC,VZM	Language Skills- ENGLISH TELUGU FC5.2,5.3 Dr O Vinod Vamsi Kiran M.D.(Forensic Medicine) Asst. Prof of FM, GMC,VZM. Dr P Rajani M.D.(Biochemistry) Asst Prof of Biochemistry GMC,VZM	Computer skills FC5.4 Dr S Lakshmi M.D.(Physiology) Asst. Prof of Physiology GMC,VZM	Accessing online resources FC5.5 Dr H. Ramesh M.D.(ENT) Asst. Prof and HoD Dept of ENT GMC,VZM	Sports Fc6 Dr L Siva Kumar M.D(Community Medicine) Associate Prof and HoD of Community Medicine, GMC,VZM Dr N Suresh Babu M.D(Pharmacology) Asst.Prof Dept of

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Code	COMPETENCY The students should be able to:	Domain	K/KH/ SH/P
1.	Topic: ORIENTATION		
FC 1.1	Demonstrate understanding of the role of doctors in the society and their impact	A	KH
FC 1.2	Demonstrate understanding of the Roles of an Indian Medical Graduate and relate it to the societal impact	A	KH
FC 1.3	Discuss and appreciate the expectations of the students from the Nation, society, Institution, peers, colleagues and patients and vice versa	A	KH
FC 1.4	Demonstrate understanding of the rules and regulations of the institution	A	SH
FC 1.5	Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution	A	KH

FC 1.6	Discuss the various career pathways and opportunities for personal growth	A	KH
FC 1.7	Demonstrate understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways	K	KH
FC 1.8	Demonstrate understanding of the role of physician at various levels of Health care delivery	K	KH
FC 1.9	Discuss the principles of family practice	K	KH
FC 1.10	Demonstrate awareness of the History of Medicine and alternate systems of Medicine	K	K
2	Topic: Skills		
FC 2.1	Perform Basic Life support in Skills lab	S	SH
FC 2.2	Perform First Aid in a simulated environment	S	SH
FC 2.3	Follow bio-safety and universal precautions	S	SH
FC 2.4	Demonstrate handling and safe disposal of Biohazardous materials in a simulated environment	S	SH
FC 2.5	Demonstrate proper hand washing and use of personal protective equipment	S	SH
FC 2.6	Demonstrate appropriate response to needle stick injuries	S	SH

FC 2.7	Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations	S	SH
FC 2.8	Discuss the immunization requirements of Healthcare professionals	K	KH
FC 2.9	Demonstrate awareness of significance of documentation in patient care and the proper method of documentation	S	SH
3	Community Orientation and field visits		
FC 3.1	Demonstrate understanding of the National Health Goals and Policies	K	KH
FC 3.2	Discuss the national health scenario, demographic, socio-cultural and epidemiological issues	K	KH
FC 3.3	Demonstrate understanding of the healthcare systems in India with reference to primary, secondary and tertiary level care	K	KH
FC 3.4	Discuss the basic principles of community health and its impact on health and disease	S	SH
FC 3.5	Demonstrate understanding of the structure and functioning of the community health center	K	KH

FC 3.6	Demonstrate ability to obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases.	S	SH
4	Professional Development including Ethics		
FC 4.1	Demonstrate understanding of the concept of Professionalism and ethics among healthcare professionals and discuss the consequences of unprofessional and unethical behavior	S	KH
FC 4.2	Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work	K	KH
FC 4.3	Discuss the value, honesty and respect during interaction with peers, seniors, faculty, other healthcare workers and patients	S	KH

FC 4.4	Discuss the significance of working in a healthcare team	S	KH
FC 4.5	Discuss disability competencies	K	KH
FC 4.6	Demonstrate understanding and respect of cultural diversity and interact with those with different cultural values	K/A	KH

FC 4.7	Discuss the significance and methods of stress management and risk taking behavior.	K	KH
FC 4.8	Understand the role of Yoga and meditation in personal health	S	S
FC 4.9	Discuss the significance and appropriate ways of Time management	K	KH
FC 4.10	Demonstrate understanding of importance of interpersonal relationship while working in a healthcare team	S	KH
FC 4.11	Understand the role of mentoring	S	KH
FC 4.12	Demonstrate understanding of the process of group learning and group dynamics	S	KH
FC 4.13	Comprehend the learning pedagogy and its role in learning skills	S	KH
FC 4.14	Demonstrate understanding of different methods of self-directed learning	S	KH
FC 4.15	Understand collaborative learning	S	KH
5	Enhancement skills - Communication and language skills		
FC 5.1	Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond	C	SH

FC 5.2	Demonstrate use of local language in patient and peer interactions	C	SH
FC 5.3	Demonstrate ability to communicate and learn in English	C	SH
FC 5.4	Demonstrate basic computer skills	S	SH
FC 5.5	Demonstrate ability for accessing online resources	S	SH

L. Siva Kumar.
28/8/23

Kpadmolele
PRINCIPAL
GOVT. MEDICAL COLLEGE
VIZIANAGARAM